



## IMPORTANT INFORMATION ABOUT YOUR CRUISE

PANAMA EMBARKATION (US, Canadian, UK, AU and NZ Guests)

Effective November 24, 2021

The information included in this document is based on current Panama regulations and the protocols outlined in the Viking Health & Safety Program. Requirements may change on an ongoing basis and may be updated before your departure.

**Please recheck this information at least 7 days prior to your departure for any changes.**

### TO TRAVEL WITH VIKING:

1. **Valid Passport** (must be valid for 6 months beyond your planned trip dates)
2. **Proof of full COVID-19 vaccination – certified by VeriFLY** with FDA/WHO/EMA Approved Vaccine (received at least 14 days prior to departure), including Moderna (Moderna), Pfizer-BioNTech (Comirnaty), Johnson & Johnson (Janssen), AstraZeneca/Oxford (Vaxzevria)
3. **Proof of negative COVID-19 PCR** – taken within 72 hours of boarding first outbound flight from home country/home.
4. **Cruise Documents/Journey Summary**

**Note:** As travel requirements change frequently, for your peace of mind and to ensure you are prepared, for all departures until further notice, **Viking REQUIRES you take a COVID-19 PCR test** within 72 hours of boarding your first outbound flight from your home country.

### ADDITIONAL REQUIREMENTS TO TRAVEL TO PANAMA:

5. **All Guests:** [Electronic Health Affidavit](#)

For more information: <https://www.visitpanama.com/information/travel-guidelines/> or <https://pa.usembassy.gov/covid-19-information/>

**Important:** If you are traveling independently and have made your own air arrangements, please ensure that you have checked local requirements for your arrival port and contacted your air carrier for their requirements. Additionally, if you are traveling independently, outside of your home country and before your first Viking activity – embarking ship or joining a pre-extension – PCR test must be taken 72 hours prior to your first Viking activity.

To Find a PCR Testing location near you:

- **US Guests:** <https://www.vikingcruises.com/oceans/my-trip/health-and-safety/covid-19-testing.html>
- **UK Guests:** <https://www.vikingcruises.co.uk/oceans/my-trip/health-and-safety/covid-19-testing.html>
- **Canadian Guests** should locate a testing center.
- **AU Guests:** <https://www.smarttraveller.gov.au/>
- **NZ Guests:** <https://www.healthpoint.co.nz/covid-19/?options=anyone>

### WHAT YOU NEED TO DO BEFORE YOU GO:

To ensure you have completed the necessary steps to travel, we have prepared the following countdown timeline.

Days Prior to Departure	Description
As soon as possible	Ensure your <b>passport</b> is valid for at least 6 months beyond your trip date. As always, we recommend you purchase <b>travel insurance</b> to protect your investment and ensure you have appropriate medical coverage for any unforeseen incidents during your journey.
14	Receive your final <b>FDA/WHO approved COVID-19 vaccine</b> dose. All Viking sailings will be available exclusively for vaccinated guests.
10-30	Complete <b>VeriFLY Vaccine Certification</b> following the steps outlined <a href="#">here</a> . (Please complete as soon as possible within 30 days of departure.)

5-7	Complete and submit the <b>Viking Digital Health Survey</b> to confirm you have not been exposed to COVID-19. You will receive an email with a link to complete the survey, which will be available at <a href="http://www.myvikingjourney.com">www.myvikingjourney.com</a> and submitted directly to Viking once completed. As part of the <a href="#">Viking Health &amp; Safety Program</a> , you are required to complete a Digital Health Questionnaire 5-7 days prior to arriving at your first Viking destination, either the day you check in at a hotel with Viking or embark on a Viking ship. This health survey is available 7 days prior to your departure date.
Not more than 3	<p><b>Get a COVID-19 PCR Test within 72 hours of boarding first outbound flight from your home country/home.</b> Ensure you are provided with either a printed and/or electronic copy of the results; be prepared to present this multiple times as directed throughout your travels, including when you join your ship, or your Viking pre-cruise hotel program.</p> <p>Viking is committed to doing all we can to ensure you are healthy and well prepared for international travel—and that you will be able to arrive in your destination and embark your ship without incident.</p>
2	<p><b>Fill out your <a href="#">Electronic Health Affidavit – one form per traveler</a></b></p> <p><b>Please have the following information available to complete the form:</b></p> <ul style="list-style-type: none"> <li>• Country visited before traveling to Panama (some words may be in Spanish): <ul style="list-style-type: none"> <li>• United States = Estados Unidos</li> <li>• Canada = Canadá</li> <li>• United Kingdom = Reino Unido</li> </ul> </li> <li>• Flight information: Airline name/Flight number/Date of arrival/Country of origin (refer to your air ticket)</li> <li>• Date of Entry/Arrival</li> <li>• Personal information: First name, Last name, Gender</li> <li>• Passport information (photo of Passport to upload); Passport #</li> <li>• Birth date</li> <li>• Nationality</li> <li>• Country of Residence</li> <li>• Phone number/Email address</li> <li>• Temporary address in Panama: enter “PANAMA” for Province, enter “PANAMÁ” for District for enter “Fuerte Amador” (the name of the port in Panama City) for Hosting Site, enter “084300762” for Address of the Hosting Site, and enter “3141980” for Hosting Site Phone.</li> <li>• Emergency contact information</li> </ul> <p><b>Please submit and print the completed affidavit. You will be required to present this form (either printed or electronic) before you board your flight and will be required to present forms before you exit the airport terminal in Panama. If you do not have the appropriate Health Affidavit Form, at the airport of departure, you may be denied boarding.</b></p>
Before your flight	<p><b>Assemble your Travel Documents</b></p> <ul style="list-style-type: none"> <li>• <b>Valid Passport must be valid for 6 months beyond your trip date (#1 above).</b></li> <li>• <b>Proof of Full Vaccination with FDA/WHO Approved Vaccine</b> <ul style="list-style-type: none"> <li>• <b>VeriFLY COVID-19 vaccine verification and your original CDC COVID-19 Vaccination Record Card (US) or printed version of the NHS COVID letter (UK) or government approved vaccination record (Canada)</b></li> </ul> </li> <li>• <b>Your individual Electronic Health Affidavit</b></li> <li>• <b>Negative COVID-19 PCR test results printed and electronic copies</b></li> <li>• <b>Viking Cruise Documents/Journey Summary</b></li> <li>• <b>Airline tickets</b></li> </ul> <p><b>FOR UK GUESTS ONLY: PRIOR TO LEAVING THE UK</b></p> <ul style="list-style-type: none"> <li>• <i>Prior to travel you must arrange your lateral flow test required on day two after you return home to the UK. This must be a privately purchased test through a government approved provider and not an NHS lateral flow test. The reference details need to be added to your Passenger Locator form completed 48 hours prior to your return flight.</i></li> </ul>

**EMBARKATION PROCEDURE:** After passing through all the document verification checkpoints, if applicable (e.g., customs, immigration), you will be transferred to your ship or (or hotel for pre-cruise extensions).

**You will also need to undergo the following COVID-19 screening prior to your cruise:**

- Temperature check (a temperature reading of less than 100.4°F/38°C).
- Questions in relation to your general health, COVID-19 symptoms, or possible exposure.
- Accept and agree to using contact-tracing technology during your cruise.
- Complete any required check-in procedures.

You will then proceed to your stateroom where you will be required to provide a saliva sample. Please refrain from consuming any food or beverage item or smoking for at least one hour before submitting your saliva sample. While waiting for your test results, you will be able to use the public spaces on board observing current mask and social distancing requirements.

**DURING YOUR CRUISE:** You will have periodic COVID-19 tests (via non-invasive saliva samples) on board as required by Viking and/or any countries through which we sail. You should also have your mask, proof of vaccination and passport with you in case it is needed.

**DISEMBARKATION/RETURN FLIGHT:** Prior to leaving your Viking ship, you will be required to take a final COVID-19 test to satisfy the requirement for pre-flight testing before arrival in your country.

*All guests should ensure they understand their countries re-entry requirements prior to leaving for your trip, see below for reference.*

**US:** <https://www.cdc.gov/coronavirus/2019-ncov/travelers/testing-international-air-travelers.html>

**UK:** <https://www.gov.uk/guidance/travel-abroad-from-england-during-coronavirus-covid-19>

**Canada:** <https://travel.gc.ca/travel-covid/travel-restrictions/entering-canada-checklist>

**AU:** <https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/coronavirus-covid-19-travel-and-restrictions/international-travel-and-covid-19>

**NZ:** <https://covid19.govt.nz/travel/pre-departure-tests-to-enter-new-zealand/#find-out-if-you-need-a-pre-departure-test-to-enter-new-zealand>

**About Health and Safety Protocols on Your Journey:** In addition to each destination's government regulations, additional protocols within the Viking Health & Safety Program have been implemented to protect our guests and crew. For more information, please visit the [Viking Health & Safety Program](#) site.

**Updated November 24, 2021:** Specific protocols and procedures may evolve over time to adapt to various conditions or travel regulations in the destinations in which we operate.